

Portugal's Mosaic: Culture, History, and Jewish Heritage May 2nd - May 11th, 2025



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Discover the vibrant culture, rich history, and Jewish heritage of Portugal with our immersive tour, featuring guided explorations of Lisbon, Sintra, Cascais, Coimbra, and Porto. Enjoy unique experiences such as TukTuk tours, wine tastings, and visits to iconic landmarks like the 516 Arouca Bridge and the Belém Tower, along with meaningful visits to synagogues and Jewish quarters. Delight in local cuisine and comfortable accommodations as you journey through this beautiful country.



Day 1

2 May, Friday: Welcome to Portugal - Lisbon

Arrive in Lisbon, the vibrant capital of Portugal, known for its rich history, stunning architecture, and warm hospitality. Check in at our hotel and take some time to unwind and soak in the city's unique atmosphere. In the evening, participate in Kabbalat Shabbat at the Lisbon Shaaray Hatikvah Synagogue, a historical place of worship that stands as a testament to the enduring presence of the Jewish community in Portugal. Here, you'll have the opportunity to meet with locals from the Jewish community and join in the beautiful traditions of Shabbat.

Overnight: Lisbon

Meals: Kabbalat Shabbat Dinner.

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Day 2

3 May, Saturday: Active Day in Belém and Lisbon

Start your day with a TukTuk panoramic tour of Lisbon, giving you a lively introduction to the city's blend of old-world charm and modern vibrancy. Enjoy a light lunch at your leisure before a guided visit to the Modern Art Museum, where contemporary art tells the story of Portugal's creative spirit. Later, head to Belém, a picturesque district famous for its historic monuments and delicious Pastéis de Belém. Enjoy a coffee and pastry before exploring the magnificent Belém Tower and Jerónimos Monastery. As the sun sets over the river, taste the serene beauty of the evening. Conclude the day with a delightful dinner at a local restaurant.



Overnight: Lisbon

Meals: Breakfast and Dinner.

Day 3

4 May, Sunday: Exploring Lisbon

This morning, embark on a Jewish heritage tour of Lisbon, uncovering the significant sites that tell the story of the city's Jewish past. Visit the Archaeological Museum, where you'll see evidence of Lisbon's Jewish past, including artefacts and exhibits that shed light on the historical presence and influence of Jews in the city. Enjoy a group lunch, then spend the afternoon at your own pace, exploring Lisbon's diverse galleries, fascinating museums, and the impressive Oceanário de Lisboa, one of the world's largest aquariums.



Overnight: Lisbon

Meals: Breakfast and Lunch.

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Day 4

5 May, Monday: Sintra and Cascais

Depart for Sintra, a fairy-tale town nestled in the hills, renowned for its palaces and romantic landscapes. Visit the enchanting Palácio de Pena, with its vibrant colours and eclectic architecture. Enjoy some free time and lunch in the charming centre of Sintra before heading to Quinta da Regaleira, a mystical estate with gardens that hide secrets waiting to be discovered. Later, travel to Cascais, a picturesque fishing village, and enjoy a guided tour of its beautiful coastline and historic centre. Return to Lisbon for a relaxing dinner.

Overnight: Lisbon

Meals: Breakfast and Dinner

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Day 5

6 May, Tuesday: Óbidos and Coimbra

After checking out of our hotel, we depart for Óbidos, a charming medieval fortress town where you can stroll through narrow cobblestone streets and admire the well-preserved architecture. Continue to Coimbra, known for its prestigious university and rich Jewish history. Enjoy lunch on your own, then visit the Jewish Quarter and, if open, the Mikveh, an ancient Jewish ritual bath. Explore the University of Coimbra and its famous library, a UNESCO World Heritage site. Fado show before Check in at our beautiful Hotel Quinta das Lágrimas, where you'll have dinner accompanied by excellent portuguese wines.



Overnight: Coimbra

Meals: Breakfast and Dinner

Day 6

7 May, Wednesday: Belmonte

In the morning, a short visit to the Botanical Gardens of our hotel before departing for Belmonte, a town with a remarkable Jewish heritage. Discover the fascinating story of the Jewish community that lived in secret for centuries, maintaining their traditions and faith despite persecution. Meet some members of the present-day community and learn about their history and resilience. Check in at Hotel Convento Pousada Belmonte and enjoy a peaceful dinner at the hotel, reflecting on the day's discoveries.



Overnight: Belmonte

Meals: Breakfast, Light Lunch, and Dinner

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Day 7

8 May, Thursday: Douro Valley Wine Tasting

Depart from the hotel to the Douro Valley, renowned for its stunning landscapes and world-class wines. Along the way, stop to admire the breathtaking views of terraced vineyards that line the hillsides and river. Enjoy a wine tasting session and a leisurely lunch, then continue to Porto, where you'll check in at your hotel. If time permits, visit the Crystal Palace Gardens, a serene oasis in the city, and enjoy a free evening to explore Porto at your own pace.

Overnight: Porto

Meals: Breakfast and Lunch



Day 8

9 May, Friday: Exploring Porto

Begin the day with a guided tour of Porto, starting with a visit to the Jewish Museum and Synagogue, where you'll learn about the city's Jewish history and the rebirth of the Jewish community in Portugal. Hear the inspiring story of Captain Barros Basto, a key figure in the revival of Jewish life in the country. Continue with a tour of Porto's main monuments, including the stunning São Bento Railway Station, the Clerigos Tower, and the Livraria Lello bookstore. Enjoy lunch on your own before embarking on a 6 Bridges sail on the Douro River, offering a unique perspective of the city. Spend some time shopping before concluding the day with a Friday dinner.

Overnight: Porto

Meals: : Breakfast, Dinner



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Day 9

10 May, Saturday: Activities in the Douro Valley

Get ready for an adrenaline-filled adventure as you visit and hike the 516 Arouca Bridge, the world's longest pedestrian suspension bridge, offering spectacular views of the surrounding landscape. Depart for Aveiro, often called the "Venice of Portugal," for a free lunch and a visit to the salt factory. Return to Porto for a farewell dinner, celebrating the end of an incredible journey through Portugal's rich Jewish heritage and cultural treasures.

Overnight: Porto

Meals: : Breakfast, Dinner



Day10

11 May, Sunday: Time to Say Goodbye

After breakfast, transfer to the airport, marking the end of your unforgettable journey through Portugal.

Meals: Breakfast.



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All clients should be aware that while all efforts are made to avoid any problems before, during or after your trip, Yaya Food and Travel carries no insurance for your health or luggage. While using the services only of registered suppliers, we recommend that you purchase fully comprehensive travel insurance, to include cancellation, as Yaya Food and Travel, cannot be held liable for any mishaps during your stay.

Price Per person:

Sharing base	2520€
Single Supplement	600€

Price Includes:

Hotels

4* hotels in City centre

Board:

Daily breakfast in hotel, Lunches and Dinner as per list:

May 2nd - Kabbalat Shabbat, Dinner

May 3rd - Dinner local restaurant

May 4th - Lunch local restaurant

May 5th - Dinner in a local restaurant

May 6th - Dinner in a local restaurant

May 7th - Lunch and Dinner local restaurant

May 8th - Lunch local Restaurant

May 9th - Dinner Local Restaurant

May 10th - Dinner

Transportation:

- Air Conditioner Tourist Bus minimum 48 seats
- Group transfers upon Arrival and departure
- 9 Days Sightseeing
- Water on the bus for guests
- Overnights and meals to driver

Guide and Leader: Local Professional and best Guides

As well as:

• All entrances fees and attractions according to the itinerary

Including a Fado show

- Beverage in meals: water and Sparkling water, Coffee tea
- First Dinner, Friday and last Dinners, Wine includes
- Meeting with Community members during our visit.
- Porterage at hotels
- Whisper System
- Tips to provider

NOT INCLUDES:

Flights/ Border tax/visas ,Any other meals not mentioned, Personal expenses, Beverages, and insurance.